Can genital warts be prevented?

The HPV vaccine (Gardasil 9[®]) is a vaccine that is available in Australia and can prevent infection with several HPV types including 2 of the HPV types, which cause over 90% of genital warts, and 7 of the HPV types, which cause 90% of cervical cancers.

The vaccine is most effective when it is given before someone has engaged in any sexual activity. It is provided as a single-dose vaccine through the National Immunisation Program for all children aged 12-13 through the school vaccination program.

The HPV vaccine is also available free as part of the National Immunisation Program for people 14 to 25 years old through a GP.

For those 26 years and older, the HPV vaccine is available as a course of 3 vaccines through a GP, although a cost is involved. If you did not receive this vaccine through the National Immunisation Program, and you are interested in having it, discuss this with your doctor.

Condoms

Condoms and dams can help to protect you, but they do not cover all areas of your genital skin.

Dealing with a diagnosis of genital warts?

People can feel upset, embarrassed, or ashamed when they are diagnosed with genital warts, or any sexually transmissible infection. These feelings are common and normal. Remember though that wart viruses are just viruses like the ones that causes colds.

They are common, easy to catch, and it does not reflect on you as a person in any way. If you do feel that you need support or would like to talk to someone, mention this to your doctor or make an appointment to see a doctor or nurse at a sexual health centre such as SHFPACT or Canberra Sexual Health Centre.

References:

Australian STI Management Guidelines. Victorian Sexual Health Network. Family Planning Australia. Healthdirect.



OPENING HOURS

Please contact our reception staff on 02 6247 3077 or visit shfpact.org.au for SHFPACT clinic hours

LOCATION

SHFPACT is conveniently located in the city.

Level 1, 28 University Avenue Canberra ACT 2601

SHFPACT CLINICAL SERVICES

- Contraceptive advice, information and services
- IUDs and other long acting contraceptive options
- Cervical screening
- Canberra Menopause Centre
- Unplanned Pregnancy Counselling Service
- Sexually transmissible infections(STIs): testing, treatment and advice
- Blood borne virus and HIV testing
- Emergency contraception (the 'Morning After' Pill)
- Breast checks and breast awareness education
- Fertility issues and pre-conception advice
- Sexual difficulties and sexuality education
- PrEP information, advice, and prescriptions





SHFPACT

Sexual Health and Family Planning ACT

Level 1, 28 University Ave, Canberra City



shfpact.org.au

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