

ANNUAL REPORT 2024-2025





4,006

DOCTOR
APPOINTMENTS



1,971

NURSE
APPOINTMENTS



3,919

STUDENTS ENGAGED IN
EDUCATION SESSIONS



145

PEOPLE ATTENDED
EDUCATION SESSIONS
DELIVERED IN FARSI



319

YOUNG PEOPLE RECEIVED
FREE TESTING AT DICE*
* DROP-IN CLINIC AND EDUCATION



1,306

CERVICAL SCREENING
TESTS



837

HOURS CLINICAL
TRAINING



12,000+

FREE CONDOMS
DISTRIBUTED



55.8K

SOCIAL MEDIA
ACCOUNTS REACHED

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Supported by funding from the ACT Government, Commonwealth Government, Capital Health Network and the generosity of our clients, volunteers, donors and community.



Sexual Health and Family Planning ACT acknowledges the Ngunnawal and Ngambri people as the Traditional Owners of the land on which SHFPACT operates. We acknowledge their continuing connection to land, waters and community. We pay our respects to the people, the cultures and the Elders past and present.

Chair and CEO Report

2024/2025 – Another extraordinary year of dedication and commitment to improving the sexual and reproductive health of Canberrans!

The year started strongly, right off the back of our 50th birthday celebrations. In true SHFPACT style we continued to leverage our expertise and service offerings to maximise access and impact for priority populations and meet service gaps across a number of domains including clinical services, workforce development, education, and health promotion.

Our unique integrated model of services, which has evolved over many years (with and for the Canberra community), has been described as having a ‘multiplier effect’ in which the whole is more than the sum of the parts, and this year was no different.

Our suite of clinical services, including sexual health screening, contraception, pregnancy, menopause, pelvic pain and women’s and men’s healthcare continued to grow, with clients accessing 4006 doctor appointments and 1971 nursing consultations over the year.

We continued to be the ‘go to’ for government in the sexual and reproductive health space, repeatedly demonstrating our ability to quickly respond and ‘stand up’ new service streams to meet emerging community needs. Across Australia, the increasing rates of STIs in young people is a growing public health concern, with many jurisdictions grappling with the challenges of engaging with this cohort. Removing barriers to access and strengthening engagement pathways is SHFPACT’s specialty, and our pilot drop-in testing clinic (DICE) was a huge success - so much so that it’s still running today!

Likewise, the *National Strategy for the elimination of Cervical Cancer*, which outlines Australia’s commitment to achieving equitable elimination of cervical cancer by 2035, provided the impetus for SHFPACT’s community and place-based models. Our service streams include free cervical screening tests for unscreened and under screened community members, tailored education sessions in a variety of languages (with on-the-spot self-collect screening) and a 100% increase in our training courses designed to increase workforce capacity in primary care settings.

SHFPACT’s clinical training programs continued to produce practice-ready clinicians and ensured continued upskilling for medical and nursing professionals in the ACT- based primary healthcare workforce.

Our Education and Health Promotion programs in schools and the community went from strength to strength and our old favorites such as National Condom Day, O week health promotion stalls, Test-fest and several SHLiRP’s continued to ensure our reach to priority populations in relation to Health Promotion and STI testing.

Demand for education services for children and young people through our suite of age and developmentally appropriate education programs continued to increase. In recent years, appreciation of the value and impact of comprehensive sexuality and relationship education has greatly increased, and this is certainly one of SHFPACT’s strengths. SHFPACT was increasingly engaged as specialised subject matter experts to directly deliver education and to support workforce capacity building, enhancing a whole-of-school approach. Consequently, nearly 4,000 children and young people across the ACT had the opportunity to learn from our highly skilled educators, who demonstrate expertise in delivering sensitive content and navigating the complexity and nuance of these important topics.

After a twelve-month hiatus, the Safe & Inclusive Schools Initiative (SAIS) recommenced. The SAIS program is dedicated to assisting teachers and schools in the ACT to develop and maintain safe, inclusive environments for all children and young people regardless of their gender, presentation/identity, intersex status or sexual orientation.

Accreditation was a strong theme for the year, with our programs achieving accreditation across three frameworks: *National Safety and Quality Primary and Community Healthcare Standards (PCHS)*, *Australian Service Excellence standards (ASES)* and the *NDIS Quality and Safeguarding Practice standards*.



Our suite of clinical services, including sexual health screening, contraception, pregnancy, menopause, pelvic pain and women’s and men’s healthcare continued to grow, with clients accessing 4006 doctor appointments and 1971 nursing consultations over the year.



In October 2024, the two-year Youth Interface project came to a close, culminating in a launch of the resources codesigned by our team of Youth Peer Educators. Thank you to the Healthy Canberra Grants for funding this initiative and *Cordelta* for undertaking the project evaluation. Most of all - congratulations and thank you to our legendary Youth Peer Educators who developed and refined their health promotion projects and resources with their peers. Inspirational work!

Our Safer Me, Safer You program, funded by the Commonwealth Department of Social Services (DSS) as part of the National Prevention of Violence against women and girls built upon successes from previous years. The three interconnected elements of; actioning the voices of women, girls and gender diverse people with a disability to co-design all initiatives, developing best practice guidelines for organisations and workers to build approaches that increase social and sexual safety of people with a disability, and extending the reach of the existing SoSAFE! Framework continued.

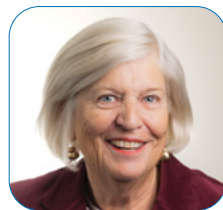
One of the most impressive elements of the project is the highly committed Project Advisory group (PAG), consisting of 14 people with lived experience, across every jurisdiction in Australia. Congratulations to the

PAG for being awarded an ACT Chief Minister’s Inclusion Award for Excellence in Collaborating with people with disability. What an achievement!

Finally, as we moved into the tail end of 2024-2025, we kicked off our planning process of the next Strategic Plan. Thank you to external stakeholders, Council members, the management team, staff and clients who all provided incredibly valuable insights and suggestions around our future direction and strategic intent. The 2026-2030 Strategic Plan will be finalised in the coming months and will provide a clear road map for the years ahead.



Tracey Hall
(CEO)



Jo Schumann
(Council President)



Council Report

SHFPACT Council is the governing body of the organisation. Council members are elected from the wider membership at Annual General Meetings for two-year terms or appointed to fill vacancies throughout the year with appointed member terms ending at the subsequent AGM.

Jo Schumann was appointed to the role of President in December 2023 and continued in the role for the past year.

At last year’s AGM, we farewelled Zyl Hovenga-Wauchope, Rochelle White and Lucy Mitchell and thanked them for their valuable contribution to SHFPACT. In addition, Aditi Malhotra was elected to Council at the 2024 AGM. The continuing members were Jo Schumann, Amelia Druhan, Angelina Invathong, Alexandra Grant and Veronica Williams.

Council’s long-term succession planning approach to membership continued to be very successful and four Council members were appointed in the past year: Jeremy Halcrow, Keturah Whotrord, Mirella Canziani and Dr Alexis Badger.

The Council is supported by two subcommittees: the Finance and Risk Committee (FARM) and the Governance and Remuneration Committee, providing closer oversight and support for these critical functions.

With the incoming CEO having commenced in June 2024, the first few months of 2024-2025 afforded the opportunity for Council to review the systems and schedules underpinning and guiding Council operations, with a strong focus on Council self-assessment, skills matrix review and planning for the year.

With the current strategic plan due to expire at the end of 2025, Council engaged external expertise to assist in driving and facilitating the new Strategic Planning process which consisted of a series of facilitated workshops for Council and the Management team, based upon the outcomes of the environmental scan and stakeholder consultation. The 2026 -2030 Strategic Plan will be launched at the 2025 AGM and will provide clear direction for the organisation as we navigate the complex operating environment into the future, driving organisational performance and growth, and ensuring continued best practice in risk management.

COUNCIL MEMBERS 2024-2025	
PRESIDENT	Jo Schumann
VICE PRESIDENT	Amelia Druhan
TREASURER	Veronica Williams (Chair of Finance, Audit and Risk subcommittee)
MEMBER	Angelina Inthavong
MEMBER	Aditi Malhotra
MEMBER	Keturah Whitford
MEMBER	Mirella Canziani
MEMBER	Alexandra Grant
MEMBER	Jeremy Halcrow
MEMBER	Dr Alexis Badger



Josephine Schumann



Amelia Druhan



Veronica Williams



Angelina Inthavong



Aditi Malhotra



Keturah Whitford



Mirella Canziani



Alexandra Grant



Jeremy Halcrow



Dr Alexis Badger

Financial Performance

The financial pressures faced by not for profits in the current operating environment in the ACT and more broadly has been widely publicized in recent times, with growing community needs, rising operational costs often unmatched by funding envelopes, and the community struggling with increasing cost of living pressures. The challenge for SHFPACT has been amplified by the fragmentation and short term nature of many of our funding arrangements, bringing an additional layer of complexity.

The organisation returned a deficit of \$29K in 2024-2025 compared with a previous year deficit of \$252K and the team are to be congratulated for their multipronged strategies to achieve this outcome. When comparing revenue, expenditure and cash position with the previous year, all major variances were due to the changed model of service delivery for the DSS funded program (Safer Me, Safer You). Grant income for the program in FY25 was \$850k less than FY24, accounting for the bulk of the variation in organisation wide revenue, with 75% of this coming from unexpended funds from prior years (hence the significant variations in cash position and other current liabilities). Furthermore, the program moved from a model heavily reliant on project partners (grant administration) and consultants as opposed to salaried staff (consultancy services), explaining the significant variations between FY 24 and FY25 in the financial statements.

The current ratio improved from 1.22:1 at end June 2024 to 1.34:1 at end June 2025.

The audit of SHFPACT’s financial statements for financial year 2024 was conducted by Bellchambers Barrett. This is the sixth audit conducted by the firm for SHFPACT. The audit finding is an unqualified result.

Full financial report can be found on our website.



AREAS OF IMPACT



Clinical Services

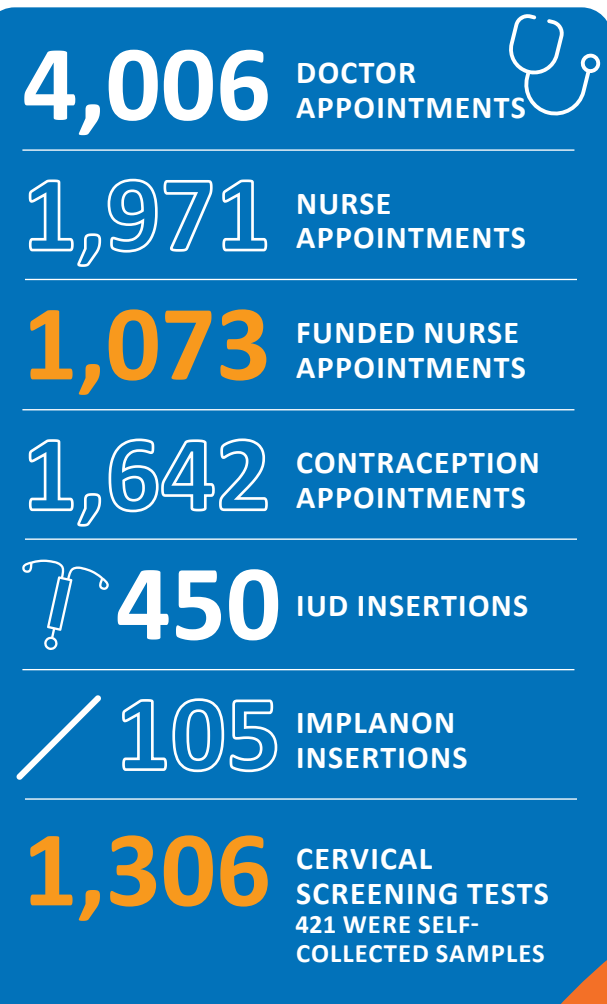
Sexual and Reproductive Health

SHFPACT provides a client centred suite of reproductive and sexual health primary healthcare services, including sexual health screening, contraception, pregnancy, menopause, pelvic pain and women’s and men’s healthcare. Services are provided from a primary clinical site and through outreach activities.

KEY ACHIEVEMENTS

CLINIC OUTCOMES

The clinic provided a comprehensive range of appointments and procedures including:



MENOPAUSE OUTCOMES

- Demand has stayed strong with **866 menopause appointments provided**.
- SHFPACT continues to be a leader in this field and has **trained 2 more of our dedicated doctors** to provide high quality, evidence-based menopause services.
- Members of the menopause team **visited AMC, ANU & the Department of Defence** to educate about perimenopause & menopause.
- SHFPACT menopause team **participated in the Australian Institute of Health and Welfare (AIHW)** consultation into the development of a national sexual and reproductive health and rights (SRHR) monitoring framework and data development strategy.

OUT AND ABOUT

- **SWOP (Sex Worker Outreach Program):** Our team provided vital health services and support to the local sex worker community.
- **SHLiRP:** The Sexual Health, Lifestyles and Relationships Program delivered sexual health education and STI testing to students in colleges.
- **STI Testing Outreach:** Partnered with local universities to provide accessible STI testing on campus.

INTO THE FUTURE

Expanding access to cervical screening services:

The National Strategy for the elimination of Cervical Cancer outlines Australia’s commitment to achieving equitable elimination of cervical cancer as a public health problem by 2035. Through support from ACT Health and Community Services Directorate, SHFPACT’s initiatives include:

- **Free cervical screening tests** for unscreened and under screened community members
- **Community based, tailored education sessions** in a variety of languages and offering on the spot screening where possible
- **Doubling** of the Well Women’s Screening Courses for nurses

Training more clinicians in long-acting reversible contraception (LARC):

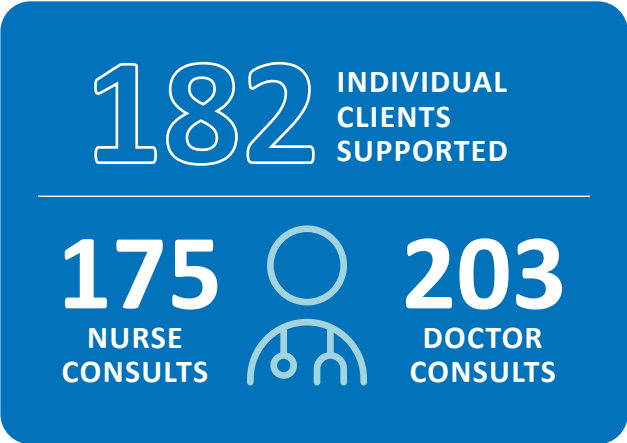
- AUSLARC is a national program led by Sexual and Reproductive Health Australia (SRHA) in partnership with the Royal Australian College of General Practitioners (RACGP) with funding from the Australian Government.
- Designed to deliver more choice and better access to long-term contraceptives by providing free training to health practitioners in the placement and removal of IUDs and birth control implants. SHFPACT is the ACT provider of the AUSLARC training program.
- AUSLARC aims to:
 - Expand access to contraceptive choice, especially outside major cities
 - Build workforce capacity in long-acting reversible contraception
 - Support health equity through targeted investment in rural and regional areas



Pelvic Pain Clinic

SHFPACT’s Pelvic Pain Clinic, funded through the Capital Health Network, has continued to deliver a successful multipronged approach, designed to improve quality of life outcomes for patients, through individualised interventions and treatment plans, training and capacity building for GPs and Allied Health clinicians, and improved interconnection, networks and ongoing supports for the sector through the thriving ACT Pelvic Pain Network.

KEY ACHIEVEMENTS



- On average, **patients reported a reduction in symptom severity at 3 months**, with continued improvement observed at 6 and 12 months
- Overwhelming positive feedback** received from patients, with an average score of 9/10 for “how likely patients were to recommend the pelvic pain clinic at SHFPACT to family or friends”
- Ongoing coordination of the ACT Pelvic Pain Network to **deliver quarterly education sessions** to clinicians across the ACT, including multidisciplinary case study presentations and sessions led by specialists in vulval dermatology and vascular surgery.
- Facilitated interprofessional collaboration** by maintaining the ACT Pelvic Pain Network referral resource, connecting clinicians with a shared interest in pelvic pain.
- Nurse clinic services were expanded** over the past 12 months to include patient education on lifestyle factors contributing to pelvic pain, enhancing the scope of care provided.



DICE

From January to July 2025, SHFPACT piloted the STI Drop-In Clinic and Education (DICE) with funding from ACT Health and Community Services Directorate. The DICE Clinic was designed as a walk-in, no appointments necessary, afterhours, free STIBBV clinic for people under the age of 30.

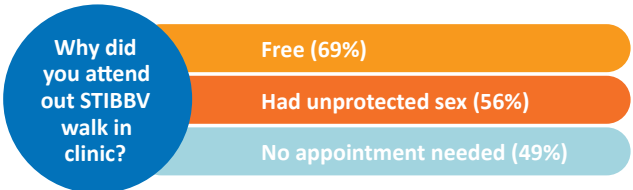
The goal of the DICE Clinic was to ensure priority populations have access to affordable, high quality, STIBBV clinical services. Fundamental design of the clinic included:

- Provision of increased access to STI screening and education for young people
- Youth sexual health educators onsite to facilitate increased access to education, support, healthcare navigation, and information
- Access to pre or post exposure prophylaxis (PrEP and PEP) as appropriate
- Prescriptions or referrals for contraception as appropriate
- Provision of self-collected cervical screening as appropriate

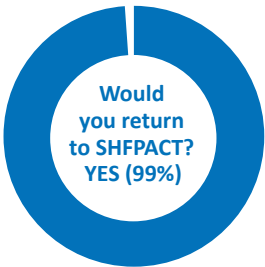
TURNING STRENGTHS INTO FUTURE OPPORTUNITIES

The success of the DICE pilot has demonstrated that with thoughtful planning and responsive design, innovative service models can be effectively embedded into ongoing operations.

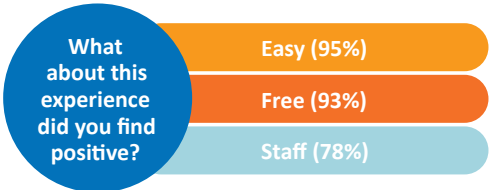
Reducing Access Barriers: By eliminating cost and appointment time barriers, the clinic has made sexual health services more accessible to priority populations. This approach can inform broader strategies to improve equity in healthcare access.



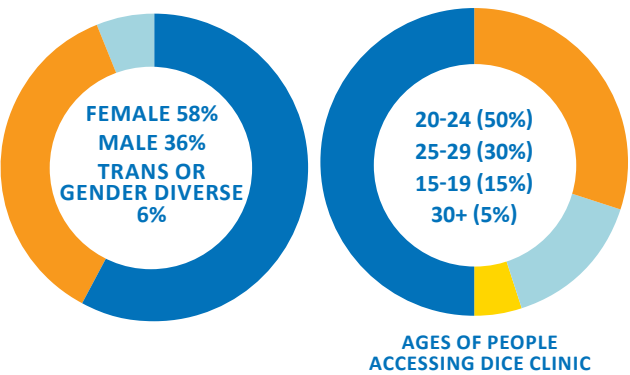
Strengthening Engagement Pathways: The clinic has become a vital entry point for young people to connect with SHFPACT’s broader offerings, including free and low-cost sexual and reproductive health care and contraception. This touchpoint model can be expanded to deepen retention into the broader clinic offerings.



Integration into Regular Services: The potential for DICE to transition into SHFPACT’s ongoing STIBBV operations shows that new models can be sustained and scaled within existing frameworks, enhancing service continuity.



WHO ATTENDED DICE



Workforce Development and Training

SHFPACT delivers theory and clinical attachment training for medical practitioners, registered nurses and allied health professionals in sexual and reproductive healthcare. Our non-clinical training suite provides a wide range of workforce development and training activities to support workers in the education, youth, community, and disability support and advocacy sectors to improve reproductive and sexual health.

KEY ACTIVITIES

PROFESSIONAL DEVELOPMENT TRAINING

SHFPACT delivers a variety of training programs for clinicians, sharing our expertise and reflecting the organisation’s dedication to improving workforce capability of healthcare providers in underserved areas.

This year SHFPACT partnered with Sexual Health Victoria to update our FPAA Certificate in Sexual and Reproductive Health to make training more flexible and accessible for GPs to attend. Our nationally recognised course has been updated to include self-paced online modules and a face-to-face workshop in addition to our clinical training placements.

600 HOURS TRAINING DOCTORS

237 HOURS TRAINING NURSES



A snapshot of clinical training this year:

- ✓ 9 Doctors completed clinical placements for the FPAA certificate in Sexual and Reproductive Health
- ✓ 8 Doctors completed Implanon training
- ✓ 8 Doctors completed IUD training – Theory
- ✓ 8 Doctors completed IUD training – Placement
- ✓ 7 registered nurses attended the theory component of the Well Women’s Screening Course
- ✓ 6 registered nurses completed Well Women’s Screening Course clinical placements



INTRODUCING FUTURE CLINICIANS TO EQUITABLE SEXUAL AND REPRODUCTIVE HELATHCARE

10 UNDERGRADUATE MIDWIFERY PLACEMENTS WERE OFFERED

- 2 medical students completed observational placements
- 100+ first year medical students attended lecture on female pelvic examination
- 28 third year rural medical students completed a practical skills session in speculum examination
- 1 GP Registrar completed an extended skills placement in sexual and reproductive health
- 1 registered nurse is working towards becoming a nurse practitioner

As part of our commitment to support the upskilling and professional development of pre-service professionals across the health, education, and community services industries, SHFPACT hosts placements for students in undergraduate and postgraduate study programs from a variety of vocational and tertiary education institutions. Students on placement work under the supervision of SHFPACT staff at all times and have the opportunity to meet course learning goals in a real work context. Student placements are typically engaged on projects or activities that make a real contribution to the work and impact of SHFPACT in the community.



NON CLINICAL TRAINING

63 STAFF AT ONE SPECIALIST PUBLIC PRIMARY SCHOOL ATTENDED SOSAFE! USER TRAINING

67 PEOPLE ATTENDED SOSAFE! USER TRAINING IN THE ACT AND SURROUNDING AREAS

- 18 staff at one Catholic High School attended SoSAFE! User Training
- 18 people attended SoSAFE! User Training in Melbourne
- 15 people attended SoSAFE! User Training in Sydney
- 42 Catholic School Teachers from the Sandhurst Archdiocese attended SoSAFE! User Training
- 15 Early Childhood teachers participated in Relationships and Sexuality Education training (TQI Accredited)
- 38 University students studying health and PE teaching participated in bespoke training in gender and sport



Pregnancy Options Counselling

SHFPACT provides Canberra’s only free pregnancy options counselling service for people with an unintended pregnancy. This service is client-centred, confidential, non-directive, and refers for all options. Appointments are an hour long and can be one off or more as needed. They are most commonly face to face; however, counselling can be provided by phone if required. Counselling sessions are offered at a variety of times across the week and SHFPACT endeavours to have no woman wait more than 48 hours to access an appointment.

KEY ACHIEVEMENTS

300 HOURS

OF PREGNANCY OPTIONS COUNSELLING SESSIONS FUNDED BY ACT HEALTH

PREDOMINANT THEMES OF PREGNANCY OPTIONS COUNSELLING SESSIONS PROVIDED TO PEOPLE WERE DECISION MAKING, FEAR OF REGRET, LACK OF CORRECT INFORMATION AND HOW TO OBTAIN RELEVANT SUPPORT

Disability Services

SHFPACT is a registered NDIS provider. We support people with disabilities by providing individual education, individual counselling and group education programs to enhance relationships, sexuality, sexual and reproductive health, and improve social safety skills. SHFPACT’s disability services are informed by the SoSAFE! framework, tools and concepts.

KEY ACHIEVEMENTS

FACILITATED

23

INITIAL MEETINGS FOR PEOPLE WITH A DISABILITY OR THEIR FAMILY MEMBERS/ SUPPORT WORKERS, ASSISTING WITH INFORMATION/REFERRALS RELATED TO SEXUALITY, RELATIONSHIPS, SEXUAL HEALTH AND WELLBEING ISSUES

- **Provided support to 14 school staff** at one ACT public primary school writing Relationships and Sexuality Education curriculum for their Learning Support Unit
- **Delivered 2 x Parent Information Sessions** for 12 parents of primary aged students in a Learning Support Unit at a mainstream primary school and high school.
- **Engaged with 107 people at the Canberra Disability Expo**
- Provided an **information stall at the ACT Education Directorate Leadership Community of Practice**
- SHFPACT has continued as the ACT Hub (distributor) and **provided 317 copies of SECCA’s *Sexuality, Relationships and Your Rights*** through a wide variety of activities including individual appointments, group sessions, parent information nights, and community information sessions.
- Successfully **maintained NDIS Accreditation**
- **Provided 27 individual education sessions** for people with disabilities focussing on personal boundaries, consent, anatomy, steps to relationships, healthy and unhealthy relationships.
- Predominant themes of counselling sessions included managing the impact of trauma, dealing with grief and loss, managing relationships, and understanding rights in relationships, including consent and personal boundaries
- **Attended 5 Case Conferences** for counselling and education clients
- **Provided group education sessions** (5 x sessions per group) at an ACT public high school, Carer’s ACT and Project Independence



Community and Schools Education

SHFPACT provides comprehensive, responsive, age appropriate tailored programs to a broad range of community groups and schools on all aspects of sexual and reproductive health and rights as a part of Relationships and Sexuality Education.

KEY ACHIEVEMENTS

3,919



STUDENTS IN THE ACT AND SURROUNDING AREAS PARTICIPATED IN EDUCATION SESSIONS.



The sessions were delivered in 39 schools and topics covered included:

✓ Physical Changes of Puberty

✓ Respectful Relationships

✓ Consent

✓ Gender Stereotypes

✓ Protective Behaviours

✓ Healthy and Normal Bodies

✓ Gender and Sexuality

✓ Contraception

✓ STI and BBV prevention, detection and treatment



- **Provided education sessions** at various community settings including AMC Bimberi, AGA Encampment, CAMHs Cottage, Migrant and Refugee Resettlement Service (MARSS).
- **Facilitated education and health promotion activities** at various education settings including Public Schools, Private Schools, Catholic Schools, CIT, ANU Colleges, ACU, Primary Schools, High Schools and Colleges.
- **399 Parents attended 16 Parent Information Evenings** regarding Relationships and Sexuality Education and content covered in school programs.
- **Facilitated puberty workshops** for 2495 students in Grades 5 and 6 in the ACT.
- **Responded to the increased demand** for more puberty and consent workshops in Grades 3 and 4, in line with the National Curriculum Version 9, providing puberty workshops for 442 students.
- **Provided 4 puberty education sessions** to 8 students participating in Home Schooling.
- **The resource *How to Talk to Your Preteen About Porn* was created** after many conversations with parents, students and teachers in Primary Schools who requested guidance on this topic.
- **2 Senior secondary colleges were engaged in the Sexuality, Healthy Lifestyles and Relationships Program (SHLiRP)** with 777 students attending education sessions and 537 students engaging directly with educators at the health promotion table.
- A SHFPACT Educator delivered **education sessions in Farsi**, ensuring access for people from non-English speaking backgrounds. **145 people attended 6 education sessions** and 4 people attended individual education sessions.
- A SHFPACT Educator **delivered puberty education sessions in Farsi** to 14 young people and their parents.
- **Work has started on a Stealthing resource** in collaboration with the Department of Public Prosecutions and Meridian.

Health Promotion and Information Services

SHFPACT works with community partner organisations to promote access to sexual and reproductive health services, and improve sexual and reproductive health literacy through community-based health promotion projects and activities. SHFPACT provides a range of health information resources in person, in print and online to inform decisions about sexual and reproductive health.

KEY ACHIEVEMENTS

THE SHFPACT TEAM ENGAGED WITH

2,051

PEOPLE AT

26

EVENTS

- **Installed condom and health information stands** at CIT Bruce and ANU Medical Centre (in partnership with the CIT Student Association and the ANU Medical Centre).
- SHFPACT’s factsheets cover a range of current, evidence-based sexual & reproductive health information and are updated biennially
- Factsheets are available in print form and as a downloadable PDF on SHFPACT’s website
- **16 factsheets were updated**, and a pelvic pain factsheet was developed
- Health promotion team provided Relationships and Sexual Health talk to 112 students from ANU
- Health promotion team attended 5 health promotion events in government high schools and colleges across ACT and the surrounding area, and 15 health promotion events at CIT, ACU, ANU, UC
- **Health promotion team attended** stalls at the following events:
 - Jean Hailes Health Week
 - Perinatal Festival
 - Reclaim the Night
 - Spring Out
- **Handed out approximately 8000 condoms** (attached to 4000 roses) on National Condom Day.
- SHFPACT **hosted site visits** for various community services groups and school groups including PCYC, parents home schooling their children and MARSS.



Interface - Youth Peer Educators

The Youth Interface Project, supported by Hepatitis ACT and funded by a Healthy Canberra Grant aimed to;

- Increase young Canberran's sexual health literacy, including relevant sexual health, sexually transmitted infection (STI) and blood-borne virus (BBV) health needs and issues.
- Increase young Canberran's ability to make informed and healthy sexual behavior choices.
- Improve project partners and other health, education and community service providers' engagement with young people in the design, provision, and review of sexual health and STI&BBV health promotion activities and resources.

15 Youth Peer Educators (YPEs) were employed to deliver the project over a two-year period, which included co- designing numerous resources including a Herpes Disclosure booklet, an Emergency Contraception resource, a Resource kit for homeless Canberrans and an Explicit images resource for students.

The YPEs attended **48 Health Promotion events**, engaged **with over 2000 young people**, and presented their resources at the Showcase in November 2024.

The highly successful project was evaluated by *Cordelta* and nominated for a YOGIE award.

SAIS

The Safe and Inclusive Schools Initiative (SAIS) program is dedicated to assisting teachers and schools in the ACT to develop and maintain safe, inclusive environments for all children and young people regardless of their gender, presentation/identity, intersex status or sexual orientation.

KEY ACHIEVEMENTS

After a 14-month hiatus, the SAIS program recommenced in February 2025. The Initiative is funded by ACT Education Directorate to provide tailored support to ACT schools and provide training for teachers which largely roll out in late 2025. These modules include:

- Safe and Inclusive Schools Core Training
- Safe and Inclusive Schools Extension Training
- Teaching Sexuality and Relationships Education for Teachers of Preschool to Grade 2
- Teaching Relationships and Sexuality Education for Teachers of Grades 3-6
- Teaching Relationships and Sexuality Education in Secondary Schools

TAILORED SUPPORT

SHFPACT staff recommenced supporting schools, offering expert, evidence-based advice and quality resources, enhancing the capacity of educators to deliver effective, inclusive education.

Safer Me Safer You

The Australian Commonwealth Department of Social Services (DSS) has provided funding to SHFPACT to increase workforce sector capability to create and support the social and sexual safety of people with disabilities. The *Safer Me Safer You* project aims to create a future where people with disabilities, inclusive of all gender identities, experience social and sexual safety always, and everywhere.

KEY ACTIVITIES

- **Website launch** on 5 November 2024 with over 160 registrations. The website has had 8,621 total views with 3,41 active users. [www. Safermesaferyou.org.au](http://www.Safermesaferyou.org.au)
- Website includes a **resource library filled with over 80 easy read documents** on a wide range of topics related to sexual health and respectful relationships.
- **The Project Advisory Group was awarded an ACT Chief Minister's Inclusion Award** in the category of Excellence in Collaborating with People with Disability. It was noted that 'the Safer Me Safer You Project Advisory Group, by Sexual Health and Family Planning ACT, has set a benchmark for inclusive codesign and all members have lived experience with disability. The group is helping to codesign a future where people with disability, inclusive of all identities, experience social and sexual safety'.
- **The Big Meeting was held on 6 May 2025** with the theme 'Embracing the Sexual Rights of People with a Disability'. The event was driven by members of the Project Advisory Group (PAG) and proudly modelled the best practice standard for inclusion with 100% of the presenters and guest speakers being people with lived experience of disability.
- After nationwide consultations, the Project Advisory Group finalised the **National Guidelines for workers to create social and sexual safety for, and with, people with disability**. These guidelines are presently being developed into a learning asset to enable sector-wide education inclusive of people with a disability to complement the I START Easy Read.
- **Developed an easy read Sexual Violence Support Resource** for the Stop Campaign.
- **New SoSAFE! resources** have been developed including:
 - "What is an on-line friend" in PDF and video
 - "Green and Red Flags in Relationships" in PDF and video
 - "How to keep your online space safe" in PDF and video
- A **refreshed website for SoSAFE!** is in production.

Safer Me
Safer You



Where have we been?

3,919

STUDENTS ENGAGED
IN LEARNING



39

SCHOOLS
VISITED

2,051

PEOPLE ENGAGED AT
OUTREACH EVENTS

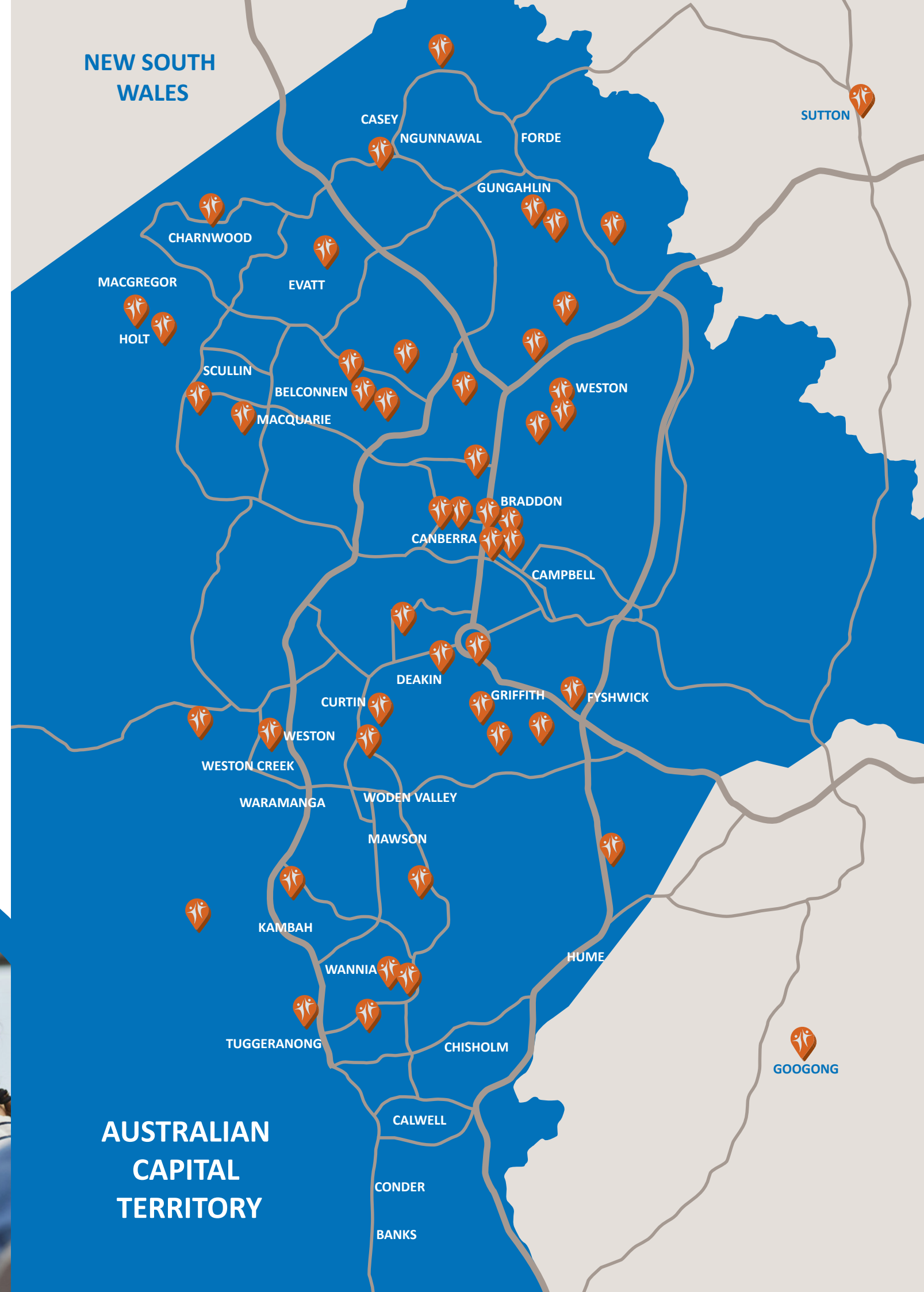


EDUCATION SESSIONS

Gundaroo Public School
Maribyrnong Primary School
Dickson College
Charnwood-Dunlop School
Taylor Primary School
Gaililee School
Yarralumla Primary School
Duffy Primary School
Radford College
Red Hill Primary School
Margaret Hendry School
Weetangera School
Evatt Primary School
Kingsford Smith School
Canberra Grammar School
Turner School
North Ainslie Primary School
The Anglican School Googong
Sutton Primary School
Forrest Primary School
Canberra Girls Grammar School
Mackillop House
Farrer Primary School
Gold Creek School
Narrabundah College
Carers ACT
Gundaroo Public School
Hughes Primary School
Monash Primary School
Franklin School
Alexander Maconochie Centre
MARSS
Theo Notaras Multicultural Centre
Bimberri Youth Justice Centre

COMMUNITY EVENTS

CIT Reid
CIT Bruce
ANU Wambaran Hall
CIT Fyshwick
Gugan Gulwan
Canberra College
Perinatal Wellbeing Fest (6 Minns Pl (Weston)
SpringOut (Glebe Park)
University of Canberra
Erindale College
Australian Catholic University
ANU
Hawker College
Harrison Public School
Lake Tuggeranong College
Disability Expo 2024, Exhibition Park



Sexual Health and Family Planning ACT (SHFPACT)

- Non-government, community organization (Not for Profit)
- Clinical services for everyone
 - Sexual health checks
 - Contraception services
 - Cervical screening
 - Menopause clinic
 - Unplanned pregnancy counselling
- Education and training
- NDIS Services for People with Disabilities

 **RSS Inc.**
Refugee Services

A large white pop-up tent with a blue valance is set up outdoors. Underneath the tent, a rainbow flag is visible. In the background, there is a brick building and some trees. The scene appears to be a community event or fair.

High School Education Session

it's Looking out for each other

- safe

Respectful

Kindness

RELATIONSHIPS

Consent

Patience

loyal

Safe environment

Trust

Trust each other

Honest

- Kind

- communicate

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A photograph of two women standing outdoors on a city street. Both women are smiling and holding large bouquets of red roses. The woman on the left is wearing a black t-shirt with the text 'NATIONAL CONDOM DAY' and a graphic of a condom. The woman on the right is wearing a black t-shirt with the text 'IMPACT NATIONAL CONDOM DAY' and a graphic of a condom. They are both holding boxes of condoms. In the background, there is a red brick building, a white car, and a speed limit sign that reads '40 REA'. A large bouquet of red roses is in the foreground.

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CIT Bruce ODay



The Essentials, YPE Project



Parent Session in Farsi



PAG members at Disability Expo

National Condom Day



Condom Stand at ANU Medical Centre



Chief Minister's Inclusion Awards

National Women's Health Care Funding Announcement



YOGIE Awards



Special Thanks

Sexual Health and Family Planning ACT would like to extend a special thank you to the following organisations, partners, and individuals.

A Gender Agenda
Association of Parents & Friends of ACT Schools (APFACTS)
Australasian Sexual Health & HIV Nurses Association (ASHHNA)
ACT Council of Social Service (ACTCOSS)
ACT Education Directorate
ACT Health and Community Services Directorate
ACT Office of the Coordinator-General for the Prevention of Family, Domestic & Sexual Violence
ACT Office of LGBTIQ+ Affairs
ACT Teacher Quality Institute (TQI)
ACT Walk In Centres, Canberra Health Services
ACT Youth Advisory Council
Australian College of Rural & Remote Medicine
Australian Government Dept of Social Services
Australian Education Union (ACT)
Australian National University
ANU Respectful Relationships Unit
ANU Students Association
ANU Medical School
Any Sign
Australian Primary Health Nurses Association (APHNA)
Australian Research Centre for Sex, Health & Society (ARCSHS), La Trobe University
Bellchambers Barrett
Bytes ‘n Colours
Canberra Institute of Technology
Canberra Rape Crisis Centre
Canberra Sexual Health Centre, Canberra Health Services
Capital Health Network
Capital Pathology
CentreRed IT
CIT Students Association
Civic Insurance Brokers
Clarissa Lee
CMAX Communications
Cordelta
Dingwall & Co., Tim Dingwall

Elect Printing
Embrace Disability Group
Foremind
Forensic & Medical Sexual Assault Care, Canberra Hospital
FUSE Magazine
Fused Electrical
Griffin Legal
Hepatitis ACT
Highwire Group
James Prior, Prova Accountants
LEAD
Lithium Innovation Pty Ltd
Masterprint
Meridian
Oscar’s Bakery
Northside Community Service
Parents & Citizens Council of the ACT
PKF
Royal Australasian College of General Practitioners (RACGP)
Safer Me Safer You Project Advisory Group
Shirley Segrott, Assurance Accounts & Training
Sitting Low, Reaching High, Mel Harrison
Society of Australian Sexologists (SAS)
Tailored HR Solutions
The STOP Campaign
University of Canberra School of Education
University of Canberra School of Midwifery
UC Medical & Counselling Centre
UC Students’ Association
Welfare Recruitment Solutions
Winnunga Nimmityjah Aboriginal Medical Service
Women’s Health Matters
Women’s Health Service, Canberra Health Services
Women With Disabilities ACT (WWDACT)



Our members and clients who donated to SHFPACT, and employees of the Commonwealth and ACT Public Services who donated to SHFPACT through payroll deduction schemes, contributing to our continuing ability to improve reproductive and sexual health in the Canberra community.

Presenters from our community partner organisations and community of professional support who contributed to outstanding learning opportunities for participants in our training programs.

Students and staff of ACT schools who supported delivery of sexual health and relationships education programs and sexual health promotion activities.

Residents and staff of university residential colleges who facilitated and participated in sexual health promotion outreach activities.

Members of the SHFPACT Council, who voluntarily contribute their time, expertise and wisdom to guide the organisation on behalf of the wider membership.

Members of the ACT Legislative Assembly for their continued leadership and public service.

SHFPACT’s SoSAFE! Training Partners: Family Planning Tasmania, SHQ (Western Australia), and Pyramid Education Consultants UK.

Our Staff

RECEPTION & CLINIC SUPPORT

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Stephanie Scott – Wetzell

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Megan Wyche

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(From January 2025)

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